

Palmer

AUGUST 2011

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Palmer Township Community Weekend

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Palmer Sports

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Charles Chrin Community Center

Stop by and take a class! See the full schedule starting on *Page 12*

PALMER TOWNSHIP
COMMUNITY WEEKEND

The Palmer Township Community Weekend will start on **Wednesday**, August 17, 2011, with "Movies in the Park." The movie this year is "Marmaduke." There will be popcorn and water available for everyone (free of charge) compliments of Charles Chrin. Please bring your chairs or blankets and plan on watching a great movie. This event starts at dusk and is the start of our fun-packed weekend. If it rains, the movie will be shown on the basketball court under the tent.

The events continue on **Thursday**, August 18, and run until Sunday, August 21, 2011. Thursday night starts at 6:00 p.m. with the Maureen O'Grady Irish Dancers. This is a very exciting dancing demonstration. At 7:00 p.m. the country band CRAZY HEART will entertain the crowd until 10:00 p.m.

Thursday night will also be "**FAMILY NIGHT**" for the rides. The price of each wrist band will be \$10.00. This wrist band entitles each child to ride in the "children's area" all night for one price. The rock wall, vertical reality and the pony rides are NOT included in this family special. Wrist bands will be available in the ride area from 6:00 p.m. to 10:00 p.m.

Friday night begins at 6:00 p.m. with the big band music from the Lou Pettinelli band. At 8:00 p.m. the party band JOYOUS will get the crowd dancing until Midnight.

Saturday opens at 5:00 p.m. with Elvis impersonator Jay Allan with a tribute to the artist. At 6:00 p.m. the new children's entertainment band Mr. Guys will be performing on stage. This will be for all the youngsters to enjoy. At 6:30 p.m. there will be a K-9 demonstration by the Palmer, Easton and Wilson Police Departments in the lower field. Starting at 8:00 p.m. one of the Valley's favorite bands, UUUU, will get the crowd partying with their great music. They will be entertaining the crowd until Midnight.

At 10:00 p.m. there will be a **FIREWORKS** display which will be shown from the ball field on the grounds, so you can stay right where you are to enjoy the show!!

Sunday will start out with a second **FAMILY DAY** for the rides. There is a fee of \$10.00 for a wrist band which entitles the children with the bands to ride the rides from 3:00 p.m. to 6:00 p.m. Wrist bands will be on sale in the children's area.

On Sunday afternoon the Easton Area High School Girls' Softball team will hold their annual Steak Bake from 4:00 p.m. – 7:30 p.m. Tickets are available from any team member and will also be available at their stand throughout the weekend prior to the **Steak Bake**. The Bake consists of a ribeye steak, corn-on-the-cob, baked potato and a roll.

Also on Sunday from 3:00 p.m. to 6:00 p.m. the Jeff Bellfy Band will play their great music. The weekend will wrap up with the band TRUTH & SOUL playing from 7:00 p.m. to 10:00 p.m.

There will be pony rides for the children throughout the 4-day event, as well as a rock wall and other challenging activities for the older children. Another attraction will be tethered balloon rides! This balloon ride, which rises 75 feet above the park, will be a great way to see everything in the park and more!!

The Police Department will be providing free ID cards for children during the following hours: Thursday evening from 6:00 p.m. to 8:00 p.m.; Friday evening from 6:00 p.m. to 8:00 p.m.; Saturday evening from 5:00 p.m. to 7:00 p.m. and Sunday afternoon from 3:00 p.m. to 5:00 p.m.

As always, there is every type of food you want, as well as a beverage tent and Bingo every night. Please come out and support your local organizations and enjoy all the fun and food during this 4-day event.



Sponsors for this fantastic weekend are:

The Palmer Township Board of Supervisors
Charles Chrin Companies
N. J. Pugliese, Inc. – Nicholas Court
A Touch Of Class Car Detailing
Applebee's Restaurant
Chic-Fil-A
Embassy Bank for the Lehigh Valley
Giant Food Stores
Lafayette Ambassador Bank
J. P. Mascaro & Sons
Millennia Salon & Spa
The Pidcock Company
Snowscapes – Any type of snow removal



Schedule of Events:

Hosted and Sponsored by the Palmer Township Board of Supervisors

Wednesday, August 17, 2011

Movies in the Park – Dusk

“Marmaduke”

Free Popcorn and Water - Compliments of Charles Chrin

THURSDAY, AUGUST 18, 2011 – 6:00 p.m. – 10:00 p.m.

“FAMILY NIGHT” FOR RIDES \$10.00/BAND – All Night

6:00 p.m. – 7:00 p.m. – Maureen O’Grady Irish Dancers
Sponsored by – Ancient Order of Hiberians

7:00 p.m. – 10:00 p.m. – CRAZY HEART
Sponsored by – N. J. Pugliese – Nicholas Court

FRIDAY, AUGUST 19, 2011 – 6:00 p.m. to Midnight

6:00 p.m. – 7:00 p.m. – Lou Pettinelli Band

8:00 p.m. – Midnight – JOYOUS
Sponsored by Embassy Bank for the Lehigh Valley

SATURDAY, AUGUST 20, 2011 – 5:00 p.m. to Midnight

5:00 p.m. – 6:00 p.m. – Jay Allan Rocks – Tribute Artist

6:00 p.m. – 8:00 p.m. – Mr. Guys – Children Entertainment

6:30 p.m. - 7:15 p.m. – K-9 Demonstration – Palmer, Easton & Wilson
Police Departments

8:00 p.m. – Midnight – UUU
Sponsored by Snowscapes/Tree & Stump Removal
and Touch of Class Car Detailing

10:00 p.m. – FIREWORKS
Sponsored by – Charles Chrin & N. J. Pugliese

SUNDAY, AUGUST 21, 2011 – 3:00 p.m. to 10:00 p.m.

“FAMILY DAY” FOR RIDES \$10.00/BAND – 3:00 p.m. to 6:00 p.m.

4:00 p.m. – 7:30 p.m. – Easton Area High School Girls’ Softball Team
Steak Bake. Tickets available from any team member or at the park prior
to the bake.

3:00 p.m. – 6:00 p.m. – Jeff Bellfy

7:00 p.m. – 10:00 p.m. – TRUTH & SOUL



PALMER SPORTS

BASKETBALL SIGN-UPS AT CHARLES CHRIN COMMUNITY CENTER

BOYS AND GIRLS AGES 8-15

August 29 – September 30

Child must be 8 years old on or before Sept. 1, 2011

FIRST TIME PLAYERS MUST PROVIDE A COPY OF THEIR BIRTH CERTIFICATE

SIGN-UP FEE IS \$50.00

LATE SIGN-UP FEE IS \$65.00

Players should still sign up even if they are trying out for a school team, just as a precaution. Should they not make the school's team, then they are signed up for community ball ahead of time; and they will not face the \$15.00 late fee. And if they make the school team, they will get a full refund.

BOYS AND GIRLS AGES 16-17

SIGN-UPS WILL BEGIN NOVEMBER 1

CHARLES CHRIN COMMUNITY CENTER HOURS

Monday-Friday 7:00 a.m. – 9:00 p.m.

Saturday & Sunday 8:00 a.m. – 4:00 p.m.

OR ON-LINE AT

WWW.PALMERCOMMUNITYCENTER.ORG

Click on Basketball, register your child(ren), and you can pay on-line with a Major Credit Card

ANY PARENT OR GUARDIAN INTERESTED IN COACHING, PLEASE CONTACT LAURA BRYFOGLE

AT 484-264-1998 OR AT

PALMER.BBALL@YAHOO.COM

(All games for u17 are played at In the Zone, 6870 Chrisphalt Dr., Bath)



Wrestling Sign-ups

September 15 – October 15 - Charles Chrin Community Center (Hours of Operation)

Child must be a Palmer resident and turn 5 years of age before August 1, 2011, through Grade 6.



2011 Girls Minor League Softball All-Stars

Front row from left to right – Sally Hornik, Laine Vincent, Courtney Speshok, Alena DelBenne, Sophie Cinoa

Back row from left to right – Nicolette Cannon, Morgan Colver, Kyla Smith, Courtney Wagner

A New Maple for Palmer Township

An October Glory Maple Tree was donated to Palmer Township and planted during a ceremony this Spring at the Palmer Township Municipal Complex in memory of loved ones who died in 2010. The tree was donated and the ceremony arranged by the Ashton Funeral Home. Approximately 35 people attended the ceremony.



Palmer Beautification Project

The idea of a Palmer Beautification Project was presented on May 9, 2011, to The Palmer Township Board of Supervisors by Palmer resident David Carr. The Supervisors agreed that a volunteer group would be a welcome addition to the Palmer community and asked Mr. Carr to move the concept forward. The Supervisors thanked Mr. Carr for his years of keeping the southern section of the bike path clean and his interest and involvement in this project.

Palmer Beautification Project Goals:

- Identify publicly owned locations in Palmer Township which can be improved.
- Prioritize locations for improvement in 2012 and beyond.
- Remove undesirable plants and debris. Prune plants where appropriate.
- Consider planting vegetation that would beautify each area.

Locations for improvement in 2011

- The north side of the bike path from Bar-Don Lanes to Stones Crossing Road
- Both sides of the bike path from Stones Crossing Road to Sheridan Drive
- The bike path area which parallels the Lehigh River west of Riverview Park

Involvement by volunteers for:

- Pick up bottles, paper, plastic, and debris.
- Prune plants or remove undesirable plants.
- Plant vegetation that would add to the trees and bushes that are currently growing and are desirable to keep.
- Input and participation

Any individuals or groups who would like to be involved with the Palmer Beautification Project may contact David Carr at d.carr@rcn.com 610-252-6832 (home) 610-704-5868 (cell).

Help Make The Bike Path Beautiful

Palmer Township and David Carr are looking for individuals to volunteer to maintain and beautify the landscaping along the numerous Palmer Township Bike Paths. If interested, please contact David Carr at 610-252-6832 or Diane Grube at the Palmer Township Municipal Building at 610-253-7191.





The Business, Industrial and Professional Association of Palmer Township was established in 1976 to promote business and to serve the community. Today, the BIP has 100 members who are the business and governmental leaders in the township. For more information, please visit the BIP web site at www.bippalmer.org

BIP News



In the picture from left to right are: Alyssa Benetz, Lauren Principato, Joseph Rizzolino, Megan Wolfe, and Lisa Pysher, standing in for her son David Pysher.

The 2010 BIP golf outing revenues were assigned to the building of a picnic pavilion at the Charles Chrin Community Center. This spring, construction began on the facility; and, at a mixer which occurred on May 25, the pavilion was turned over to the Township. This is just one of many projects that the BIP has accomplished over the past years, beginning with the construction of the Palmer Memorial Library which was the beginning of the opportunity to give back to the community. In 2005, the Association gave \$26,000.00 towards the construction of the community center. Since that time, the BIP has provided \$80,000.00 in community projects. As the township's business organization, we are very pleased to be able to give back to the community.



The new Pavilion built by the BIP and dedicated to the township.

At the Pavilion dedication, the BIP also awarded five \$500.00 scholarships to graduating seniors at the Easton Area High School . Applicants had to be a high school senior planning to continue his/her education at an accredited institution of higher learning. Each applicant had to attend one of the following to be eligible: Wilson Area High School, Easton Area High School, Notre Dame High School or Moravian Academy.

They were: Alyssa Benetz who will be attending Moravian College to study accounting; Lauren Principato who will be attending St. Joseph's University to study food marketing; Joseph Rizzolino who will be attending Campbell University to study either marketing or pre-law; Megan Wolfe who will be attending Kutztown University to study criminal justice; and, David Pysher who will be attending Stevens Institute of Technology to study biomedical engineering.



BIP member Brian Lokitis prepares hot dogs on the new grills at the Pavilion.

The members of the BIP wish these college bound students much success in their future endeavors.

As noted above, the community projects that are carried out by the BIP are funded with revenues received from its annual golf outing. This year's outing will take place on September 12 at the Riverview Country Club in Forks Township. Anyone interested in experiencing a great day on the golf course can contact Dave Colver at 610-438-8901.

Palmer Municipal Fire Department's 45TH ANNUAL BANQUET

The annual event was held on Saturday, May 21, at the Lotus Conference Center-Hampton Inn, Lower Nazareth. Approximately 100 people were in attendance.

The annual Fire Department memorial scholarships were awarded to two area students. Taylor Rizzolino of the Nazareth School District was given the K. "Eddie" Grube Memorial Scholarship. Taylor is the daughter of Pat and Cindy Rizzolino.

The George B. Knowlson, Jr., Memorial Scholarship was given to Adam Emsweller, son of Todd and Nancy Emsweller. Adam will be graduating from Easton Area High School.



IN THE PICTURE- Kenny McPherson (Trustee), Mike Mancino (Chairman of the Board of Trustees) Joe Lasso (V. Chairman of the Board of Trustees and Chairman of the Scholarship Committee), Adam Emsweller, Taylor Rizzolino, Kris Grube (Sec./Treasure Board of Trustees) and Keith Soltis (Trustee).



Kiwanis Club of Palmer Township

Each year the Kiwanis Club of Palmer Township awards a \$1,000.00 scholarship to seniors from our local high schools. This year scholarships were awarded to the following: From Wilson High School, Elizabeth Joseph who will be attending the University of Pennsylvania and Andrea Dragoni who will be attending Stevens Institute of Technology; from Easton Area High School, Joseph Lapsansky who will be attending Penn State and Katie Graziano who will be attending Lafayette College; from Notre Dame High School, David Petrik who will be attending Wilkes College and Chelsea Cito who will be attending DeSales University; from the Career Institute of Technology and Easton Area High School, Simom Koorie who will be attending Northampton Community College and A.J. Barnes who will be attending Massachusetts Maritime Academy. The members of the Palmer Kiwanis Club wish these college bound students much success in their future endeavors.



From left to right are: Joseph Lapsansky, Andrea Dragoni, Elizabeth Joseph and Andrea Dragoni



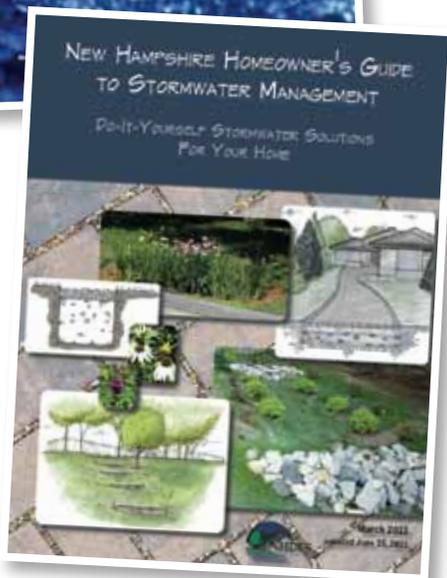
From left to right are: Chelsea Cito, AJ Barnas, Simon Koorie

PALMER TOWNSHIP Recycles!

E-cycling Event a Big Success

Northampton County had an E-cycling event on May 21, 2011, at Easton High School parking lot. Over 45,668 lbs. of E-Waste was collected and over 7,520 lbs. of refrigerators, freezers and air conditioners. Thank you to all who helped out and to all who made it run smoothly and safely.

Look for Northampton County's Household Hazardous Waste Event coming up Oct. 8, 2011, at Northampton County Community College parking lot from 8:30 a.m. to 2:00 p.m.



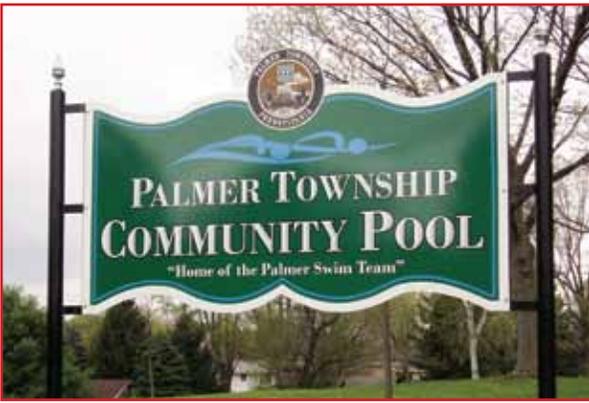
Homeowner Measures To Improve Stormwater Runoff Quality

A Homeowner's Guide to Storm Water Runoff Quality has been prepared by the Office of Watersheds – Philadelphia Water Department, and it provides helpful information on improving stormwater runoff quality. Topics covered include vehicle maintenance, vehicle washing, lawn and garden care, pet waste, winter de-icing and rain barrels. The guide can be accessed at the following web page: www.phillyriverinfo.org/Programs/ProgramMain.aspx?Id=PublicOutreach

New Hampshire Homeowner's Guide to Storm Water Management – (March 2011) A Homeowner's Guide has been prepared by the New Hampshire Department of Environmental Services. The guide provides useful information on rain barrels, vegetated swales, and good housekeeping tips to help reduce the volume of storm water and reduce pollutants from getting into storm water. The guide can be accessed at the following web page: www.des.state.nh.us/organization/commissioner/pip/publications/wd/documents/wd-11-11.pdf

Copies of the above publications are available for review upon request at the Palmer Municipal Building receptionist's area.

You can also learn more about storm water by visiting Palmer Township's web site storm water information link at www.palmertpw.com/homepage.htm or EPA's website at www.epa.gov/npdes/stormwater



A New Sign For Palmer Pool

Palmer Township would like to thank “And The Sign Says” Signs and Graphics, located in the 25th Street Shopping Center, for their generous donation towards completion of the new Palmer Township Community Pool sign located outside the entrance of the pool.

Woodmont Place Celebrates it's Grand Opening In Palmer

On Thursday, June 2, Palmer Township officials helped to cut the ribbon to celebrate the Grand Opening of Woodmont Place at Palmer, a new 216-unit luxury apartment community off Grandview Drive in Palmer Township.

Pictured are, from left to right: Stephen Santola, Executive Vice President/General Counsel, Woodmont Properties; Lewis Zlotnick, President, Woodmont Properties; Bob Lammi, Vice-Chairman Palmer Township Board of Supervisors; Mike Mitchell, Palmer Township Board of Supervisors; Dave Colver, Chairman Palmer Township Board of Supervisors; Eric Witmond, Chief Executive Officer, Woodmont Properties; Joe Emrick, State Representative.



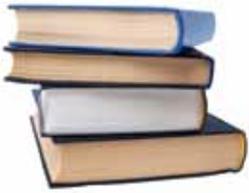
Gardeners: Palmer Needs Your Help!

Palmer Township is looking for individuals and/or a group such as a Garden Club to volunteer to maintain the Pierce Memorial Garden's plants and planting beds located at the Charles Chrin Community Center Site. If interested, please contact Diane Grube at the Palmer Township Municipal Building at 610-253-7191.

A Visit From Across The Pond

While vacationing with relatives (John and Jo-Ann Stoneback) here in Palmer, British Police Officer Andrea Moran visited our Palmer Police Headquarters. She met with Lt. Tom Trinchere and Officer Sue Siegfried and was able to learn how a typical U. S. Suburban Police Department operates. Officer Moran also shared some of the day-to-day issues faced by British officers.





Palmer Branch Library News

Children News:

Back to School Bingo

Tuesday, August 9, 3:00 p.m.

Boys & Girls ~ Join us as we play Picture Bingo and win books and back to school items! Stop by the library to sign up for this fun program!

A - B - C, 1 - 2 - 3 Fall Story Time News

Sign-ups begin September 1

Fall session runs from September 12 - October 19

Pre-registration is required.

Mother/Daughter Book Group

Our group meets every other month on Saturdays at 2:00 p.m. We welcome all girls with their mothers/grandmothers. Books are focused on girls ages 8 - 14.

Our next book is "The Bungalow Mystery" by Carolyn Keene. Join us as we help Nancy Drew solve a mystery! For the date of our discussion, please call the Palmer Branch at 610-258-7492.

Young Adult Book Group

Led by Miss Ashley, this group is for ages 12 - 15. This past summer, the group had the opportunity to meet local author, Jennifer Murgia and discussed "Lemniscate," a sequel to Angel Star.

August 6 discussion is "Kingdom Keepers" by Ridley Pearson. Call the library for information on October's meeting.

Adult News:

Meet the Authors!!

The Pocono Lehigh Romance Writers will hold a program at the Branch on Saturday, August 13, at 1:00 p.m.

Following the group's workshop and meeting, Jonathan Maberry, a best-selling author will be present, as well as six romance authors. Book signing will be available. For more detailed information on this workshop, check out their website at www.plrw.org.

Adult Book Group

Our book group meets the fourth Tuesday of every month (except December) from 6:00 p.m.-7:30 p.m. New members are always welcomed. Upcoming titles to be discussed are:

August 23, *The Postmistress* by Sarah Blake

September 27, *The Boy Who Came Down From Heaven* by Kevin Marlarky

In celebration of the Easton Area Public Library's 200th Anniversary, we are pleased to offer bestselling author, Chris Bohjalian on Tuesday, October 18. The exact time and place has yet to be confirmed. Call the library at 610-258-7492 for details. Mr. Bohjalian's newest title is "The Night Strangers: A Novel."

November 22, *Resilience* by Elizabeth Edwards

No December meeting

Sew Others May Be Warm

Our knitting/crocheting for charity group meets every Thursday from 1:00 p.m.-3:00 p.m. in the library. The group is currently working on hats and scarves for the needy. Donations of yarn are gratefully accepted.

Are you looking for a speaker??

During our 200th Anniversary, the Easton Area Public Library is happy to offer a free presentation on the history of the library. This informative presentation will be sure to interest your group. Interested organizations can contact Jennifer Stocker, Director, at 610-258-2917, ext 310.

Join local title holders for the Miss America's Outstanding Teen Pageant System: Julia Wilkins and Emily Doyle

On Saturday, October 8, at the Palmer Library beginning at 9:00 a.m.

Julia, currently Miss America's Outstanding Teen, will present

Prevention & Awareness of Diabetes Among Our Youth.

Palmer Library

1 Weller Place
Palmer, PA 18045



She will have literature available as well as healthy treats for children and fun exercise ideas.

Emily's current title, Miss Greater Delaware Valley will focus on Juvenile Literacy and will offer stories and a craft to children beginning at 11:00 a.m.

Join us between 9:00 a.m. and 3:00 p.m. for information on this growing disease.

Raffles and prizes, as well as tasty healthy treats, will be available.

One World, Many Stories, 2011 Summer Reading Program has come to an end; and we have had a great time traveling the world!

Congratulations to all the boys & girls who read and traveled with us this summer. You did a wonderful job reading and crafting while learning about children and animals from around the world!

Good luck to all our students as a new school year begins. Remember, the Palmer Staff is available to help you throughout the new school year with all your assignments.

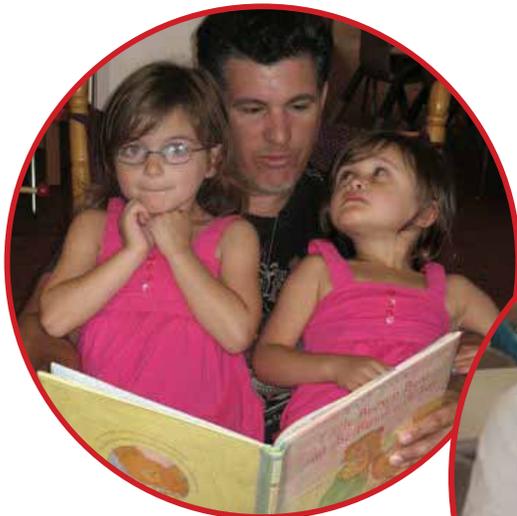
New relocated library desk



Carden, Tyler & Parker Smith



Sandi Bulette (library volunteer)



Richard Domaleski and his twin daughters, Olivia & Hannah



Local author, Elvira Woodruff and her grandson, Ben



Carlyna Csatori, Nazareth, enjoying reading a book



Charles Chrin Community Center of Palmer Township



CHARLES CHRIN Community Center *of Palmer Township*

Hours of Operation

Monday - Friday 7:00 a.m. - 9:00 p.m.
Saturday & Sunday 8:00 a.m. - 5:00 p.m.

To register for programs go to:
www.palmercommunitycenter.org

The Charles Chrin Community Center of Palmer Township offers a wide variety of programs for everyone, including a fully equipped fitness room. Stop by the center or visit us on the web to sign up for your next class or event!

The Charles Chrin Community Center of Palmer Township

4100 Green Pond Road
Palmer, PA 18045

610-252-2098

Visit us on Facebook.



JUNIOR PANTHER SOCCER

7 Week Junior Panther Outdoor Soccer League

Tuesdays and Saturdays
September 13 to October 29
Ages 4 & 5 and 6 & 7

- Let your child be active, make friends, and learn a team sport while participating in our outdoor instructional league for soccer players throughout the Lehigh Valley.
- Focus on the basics of playing soccer; coordination, running, skills and drills, passing and scoring goals!
- Ages 4 & 5 meet Tuesdays 4:30 p.m. – 5:30 p.m. and Saturdays 10:00 a.m. – 11:00 a.m.
- Ages 6 & 7 meet Tuesdays 5:30 p.m. – 6:30 p.m. and Saturdays 11:00 a.m. – 12:00 p.m.
- All practices and games will take place at the Charles Chrin Community Center of Palmer Township.
- Rain make-ups will take place on Thursdays at the same time as Tuesday schedule.
- Please have children wear shin guards & sneakers.
- Volunteer coaches welcome!

Resident - \$80.00
Non Resident - \$90.00
Registration includes a t-shirt



Parents Night Out - Third Saturday of each month starting in September

Parents, need a night out on the town? For one night we'll be your babysitter! Your kids will have a blast while you enjoy the evening off.

Dinner...we have it covered! Children will be served pizza and juice. We'll be busy playing in the gym, jumping on the moon bounce, playing games and end the night with a movie and popcorn.

Please register in advance. Program will not run with less than 7 children registered.

From 6:00 p.m.-10:00 p.m.

Cost: \$20.00 per child - Siblings: \$5.00 off each additional child

Children must be potty trained to attend

Register online at www.palmercommunitycenter.org! Hurry space is limited!





Charles Chrin Community Center of Palmer Township

FITNESS CLASSES

PILOXING - Come try the latest Hollywood fitness craze!

It uniquely blends the power, speed and agility of boxing with the beautiful sculpting and flexibility of Pilates. It is a fat torching, muscle sculpting, core-centric interval workout, guaranteed to whip you into shape. PILOXING is the brainchild of Swedish dancer and celebrity trainer Viveca Jensen.

Wednesdays at 10:30 a.m.-11:20 a.m.



R.I.P.P.E.D.

“The One Stop Body Shock”

For beginners to athletes, experience this total body “plateau proof” workout utilizing resistance and cardio training. It masterfully combines Resistance, Intervals, Power, Plyometrics, Endurance, and Diet...the components of R.I.P.P.E.D. that help you attain and maintain your physique in ways that are fun, safe, doable and extremely effective.

Mondays 10:30 a.m.-11:20 a.m.

Thursday 6:00 p.m.-6:50 p.m.

ZUMBA

Join the Zumba revolution! This is the hottest exercise craze to hit the country. Zumba fuses hypnotic latin rhythms and easy to follow moves to create a one-of-a-kind fitness class that will blow you away. Enjoy yourself while you burn calories and energize your body!

Mondays: 9:30 a.m.-10:20 a.m. & 7:15 p.m.-8:05 p.m.

Tuesdays: 7:00 p.m.-7:50 p.m.

Wednesdays: 9:30 a.m.-10:20 a.m. & 6:15 p.m.-7:05 p.m.

Saturdays: 10:00 a.m.-10:50 a.m.



ZUMBA TONING

Zumba Toning takes the original Zumba dance-fitness class to the next level utilizing an innovative muscle training protocol and the addition of light weight toning sticks or dumbbells.

Tuesdays: 10:30 a.m.-11:20 a.m.

Fridays: 10:30 a.m.-11:20 a.m.

All Zumba Classes are \$5.00 per class

\$40.00 Fit Pass (Unlimited fitness classes for 1 month)

\$50.00 Fit Card (10 Classes)



FITNESS CLASSES

“Begin to set your life in motion” with the fitness classes at the Charles Chrin Community Center! Attend as many classes as you would like with our convenient “fit card” or “fit pass.” Classes are on-going and drop-ins are always welcome!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Spin 10:00 a.m.-10:50 a.m.	Zumba* 9:30 a.m.-10:20 a.m.	Yoga* 9:30 a.m.-10:20 a.m.	Zumba* 9:30 a.m.-10:20 a.m.	Yoga* 9:30 a.m.-10:20 a.m.	Body Sculpt* 9:30 a.m.-10:20 a.m.	Once A Month Spin See Below 8:30 a.m.-9:20 a.m.
	R.I.P.P.E.D.* 10:30 a.m.-11:20 a.m. Starts Sept.	Zumba Toning* 10:30 a.m.-11:20 a.m.	Piloxing* 10:30 a.m.-11:20 a.m.	Zumba* 9:30 a.m.-10:20 a.m.	Zumba Toning* 10:30 a.m.-11:20 a.m.	Zumba* 10:00 a.m.-10:50 a.m.
	Spin 6:00 p.m.-6:50 p.m.	Spin 6:00 p.m.-6:50 p.m.	Tabata 5:45 p.m.-6:15 p.m.	Restore and Renew Yoga* 10:45 a.m.-11:35 a.m.		Once A Month Yoga Workshop** 12:00 p.m.-2:00 p.m.
	Yoga 7:15 p.m.-8:05 p.m.	Zumba 7:00 p.m.-7:50 p.m.	Zumba 6:15 p.m.-7:05 p.m.	R.I.P.P.E.D. 6:00 p.m.-6:50 p.m. Starts. Sept. 1		
	Zumba 7:15 p.m.-8:05 p.m.			Yoga 7:00 p.m.-7:50 p.m.		

*Babysitting Available for \$2.00 per class.

**\$10.00 - Not included with Fit Pass Purchase.

Once a month Saturday Spin with Holly will be Saturday August 13, September 10, October 15, November 12 & December 10.

Fit Pass **\$40.00 per month.**
Includes unlimited classes and fitness center.

\$5.00 per individual class

Fit Card - 10 classes for \$50.00 • Babysitting Card \$15.00 per month.

NO REGISTRATION FEE • NO YEARLY CONTRACT
MONTH TO MONTH PAYMENTS

ZUMBA SPECIAL EVENTS

End of Summer Beach Party

Come celebrate summer's end while Traci, Jamie, and Olivia bring on the heat at this end of the summer beach party with a special hour and a half Zumba!!

Friday, August 12

7:00 p.m. - 8:30 p.m.





Charles Chrin Community Center of Palmer Township

CHILDRENS CLASSES

All children's classes run in 7 week cycles. You can sign up at the beginning of the session or receive a prorated cost at any time during the session. There will need to be a minimum of 5 children registered in order to run all children's classes.

Fall Session - Starts September 12 for 7 weeks.

Winter I Session - Starts November 7 for 7 weeks

*Current session only.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Bit of Pre School 9:00 a.m.-10:30 a.m. Ages 4-5	Jumping Jacks N Jills 9:30 a.m.-10:20 a.m. Ages 3-5	Bit of Pre School 9:00 a.m.-10:30 a.m. Ages 4-5	Crafts and Cooking for Creative Kids 10:00 a.m.-10:50 a.m. Ages 3-5		For the Kids Zumbatomic 9:00 a.m.-9:45 a.m.* Ages 5-10	
Munchkins in Motion 9:30 a.m.-10:20 a.m. Ages 1-3	Motion with Music 10:45 a.m.-11:35 a.m. Ages 1-3	Tumble-rama 10:45 a.m.-11:35 a.m. Ages up to 5	Munchkins in Motion 11:00 a.m.-11:50 a.m. Ages 1-3		Preschool Ballet, Tap, and Tumbling 9:30 a.m.-10:20 a.m. Ages 3-5	
Tumble-rama 10:45 a.m.-11:35 a.m. Ages up to 5	Kids Safe Self Defense Times vary by age.	Jumping Jacks N Jills 11:45 a.m.-12:35 p.m. Ages 3-5 years	Twinkle Toes 5:45 p.m.-6:35 p.m. Ages 3-4		Ballet and Tap 10:30 a.m.-11:00 a.m. Ages 5-8	
Motion with Music 6:00 p.m.-6:50 p.m. Ages 1-3	Jr. Panther Soccer See page 13 for times, description & cost.	Jumping Jacks N Jills 6:15 p.m.-7:05 p.m. Ages 3-5 years	First Steps Dance 6:45 p.m.-7:35 p.m. Ages 4-5		Gymnastics 11:00 a.m.-12:00 p.m. Ages 5-12	
Jazznastics 6:00 p.m.-6:50 p.m. Ages 4-8					Jazz 12:00 p.m.-12:30 p.m. Ages 7 and up	

Bit of Preschool Ages 4-5 years

This class will include a selection of activities for children ages 4-5 years to explore independent of their parents. The themed lessons will enhance your child's social skills, and stimulate language in a fun and playful way. Get ready to sing, dance, read stories, create art, and play! This alternative to traditional preschool is taught by a teacher with dual certification in early childhood and elementary education and a master's degree in elementary education.

Mondays & Wednesdays from 9:00 a.m.-10:30 a.m.
Residents: \$135.00 Non Residents: \$140.00

Munchkins in Motion-Ages 1-3 years

This class is a parent involvement class led by our outstanding instructors. Your child will start to discover tumbling and basic gymnastics. Lots of silly songs, parachute fun, obstacle courses and our tumble trak insure a great time for all.

Mondays-9:30 a.m.-10:20 a.m. Wednesdays-10:45 a.m.-11:35 a.m. Residents: \$70.00 Non Residents: \$80.00

Jumping Jacks & Jills-Ages 3-5 years

This class teaches beginning gymnastic skills including: tumbling, bars, balance beams, mini trampoline and vaulting. We will use the parachute and tumble trak. This class is without parent involvement.

Tuesdays-9:30 a.m.-10:20 a.m. Wednesdays-12:45 p.m.-1:35 p.m. Wednesdays-6:15 p.m.-7:05 p.m. Residents: \$70.00 Non Residents: \$80.00

Motion with Music-Ages 1-3

Welcome to the world of music and tumbling combined. We will

sing lots of silly songs, and play with instruments while tumbling. This class is with parent involvement.

Mondays-6:00 p.m.-6:50 p.m. Tuesdays-10:45-11:35 a.m. Residents: \$70.00 Non Residents: \$80.00

Tumble-Rama-Ages up to 5

This is a drop-in class with no enrollment necessary. Come and play with other children in a non structured class utilizing our tumble equipment.

Mondays-10:45 a.m.-11:35 a.m. Wednesdays-11:45 a.m.-12:35 p.m. \$5.00 per class

Twinkle Toes-Ages 3-4 years

Your little ballerina will learn beginning steps of ballet, tap and gymnastics. We cover basic ballet positioning and steps. It is a great way to exercise and have fun while learning the basics of dance.

Thursdays-5:45 p.m.-6:35 p.m. Residents: \$85.00 Non Residents: \$95.00

First Steps Dance-Ages 4-5 years

This is the next progression class after twinkle toes. Our instructor will build upon the previous training and build more steps in ballet, tap and dance gymnastics.

Thursdays-6:45 p.m.-7:35 p.m. Residents: \$85.00 Non Residents: \$95.00

Crafts and Cooking for Creative Kids-Ages 3-5

This class is designed to teach 3-5 year olds how to make fun foods and creative crafts. Children will learn independence and listening skills during basic recipes and simple crafts while having fun.



CHILDRENS CLASSES

Zumbatomic-Ages 5-10

Zumbatomic is Zumba made for kids. This exercise program uses the same dance and fitness moves used in regular Zumba such as Salsa, Merengue and hip-hop, but in a kid-friendly way.

Saturdays-9:00 a.m.-9:45 a.m. Residents: \$49.00 for a 7 week session, \$10.00 Drop-in per class.

Ballet & Tap - Ages 5-8

This class is for children that have some ballet & tap experience. This class can be taken in combination with gymnastics from 11:00 a.m.-12:00 p.m. for an additional charge. If you would like to take the combination class, please register under appropriate combination class option.

Residents: \$50.00 Non Residents: \$60.00

Gymnastics - Ages 5-12

This class will work at students own gymnastics level with the guidance of our instructor. This class can be taken in combination with Ballet & Tap from 10:30 a.m.-11:00 a.m. or Jazz from 12:00 p.m.-12:30 p.m. for an additional charge. If you would like to take the combination class, please register under appropriate combination class option.

Residents: \$80.00 Non Residents: \$90.00

Jazz - Ages 7 & Up

This class features a progression of barre work, floor work and combinations. This class can be taken in combination with gymnastics from 11:00 a.m.-12:00 p.m. for an additional charge. If you would like to take the combination class, please register under appropriate combination class option.

Residents: \$50.00 Non Residents: \$60.00

Ballet, Tap & Gymnastics Combo Class - Ages 5-12

This is a combination of Ballet & Tap Class from 10:30 a.m.-11:00 a.m. and Gymnastics Class from 11:00 a.m.-12:00 p.m.

Residents: \$100.00 Non Residents: \$110.00

Gymnastics & Jazz Combo Class - Ages 7-12

This is a combination Class of Gymnastics from 11:00 a.m.-12:00 p.m. and Jazz from 12:00 p.m.-12:30 p.m.

Residents: \$100.00 Non Residents: \$110.00



Kid's Safe Self Defense Karate & Safety Awareness

For boys and girls ages 5-15
Elementary & Jr. High age classes!

This program is designed to enhance self-esteem, self-discipline & safety awareness. Students are placed into classes according to age and ability. A black belt instructor teaches beginning, intermediate, and advanced techniques for self-defense only. Self-discipline and defense, rather than aggression are promoted. Weekly safety flyers focus on a wide range of topics including stranger - fire safety & more!!

Registration only, Tuesday, September 20

All students register from 5:00 p.m. – 7:00 p.m.
Register on this date please – classes fill up quickly!
Beginning Tuesday, April 26, class times will be:

New students age 5-8 4:10 p.m. – 4:50 p.m. / New students age 9-15 5:00 p.m. – 5:40 p.m.
New students 9-up & all returning students 5:50 p.m. – 6:30 p.m. / Yellow belts 6:40 p.m. - 7:20 p.m.
Orange belts and higher 7:30 p.m. - 8:10 p.m. / Teens and adults 8:20 p.m. – 9:00 p.m.

Class dates: Tuesdays from September 27 (10 lessons)

Class fees: Your karate classes are only \$7.00 per lesson with a \$10.00 registration fee paid once per semester. You may pay weekly or in full and receive a discount!

This is an ongoing program. If you miss registration, come 10 minutes early to your class. New students are accepted up to the fourth week!

A uniform is highly recommended. Uniforms are available at the first class and throughout the course. All uniforms come with a white belt, and we fit your child or teenager with the proper size. Uniforms are \$30.00.



Charles Chrin Community Center of Palmer Township

BIRTHDAY PARTIES

Join us for your child's birthday party. We provide two trained party coordinators who are ready to get kids moving and excited. We take care of set up and clean up to ensure a stress-free event. Pizza, juice, all paper products, balloons, invitations and a special present for the birthday child are all provided. Birthday cake is not included. Want more...for an additional charge we can provide party favors and special balloons just for the party.



Children will have the opportunity to play and learn on numerous gymnastics apparatus including bars, beam, trampoline and an air trak, just to name a few! If you have a child that is into sports, we can incorporate the sports theme into your child's special day! After one hour of play time, the party coordinators will serve the children pizza and juice. Don't worry about clean up the coordinators take care of that too.

Party Details Include:

Price for up to 20 Children: Residents - \$275.00 - Non Residents - \$300.00

Each additional child after 20: \$5.00 each

1 1/2 Hour Party

Please ask about weekday party discounts.

(Monday-Friday—Daytime parties only)

Please contact Mallory LaBarre for more details at 610-252-2098

SENIOR/ADULT ACTIVITIES

King Henry & the Showmen

Come out and enjoy the sounds of the 50's, 60's, 70's & 80's!

**August 27, September 24, October 29, November 26,
December 17**

8:00 p.m.-11:00 p.m.

\$10.00 pp

Soft-soled shoes only

Senior Cards

Come out and socialize and play your favorite card game!

Tuesdays

1:00 p.m.-4:00 p.m.





2011-2012 PALMER ELEMENTARY BEFORE & AFTER SCHOOL PROGRAM

Do you need a safe, structured and fun place for your kids to go before and after school? The CCCC is the place to be!

Our program includes:

- Daily homework time
- Physical fitness routine
- Healthy snacks
- Fun activities in our gymnasiums
- Breakfast available in morning program for an additional charge

Child care hours are Monday through Friday.

Half-day child care will be offered on early dismissal days 12:30 p.m.-6:00 p.m.

BEFORE CARE HOURS - 6:45 a.m.-8:30 a.m. (or bus pickup time).

AFTER SCHOOL HOURS - 3:30 p.m.-6:00 p.m.

Child care does not operate on snow days. However, we will operate on early dismissals due to inclement weather. **The program will be available on scheduled off days for an additional charge.*

After School only: \$238.00/month

Before School Only: \$199.00/month

Before & After School: \$437.00/month

All prices reflect \$100.00 deposit to hold spot.

We will be offering vacation days/snow days programming for an additional daily charge.

Deposits are now being accepted for the Fall! Hurry space is filling fast.

For more information or to hold your spot call Dan at 610-252-2098.



TODAY'S Palmer

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3 Weller Place
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Palmer Township Athletic Association Clam 'N Jam

Saturday, September 10

Penn Pump Park (Rain or Shine)

12:00 p.m.-10:00 p.m. (clams 3:00 p.m.-6:00 p.m. only)
Adults \$25.00 (clams) \$20.00 (no clams) \$10.00 per child
Children 7 & under free

*3 dozen clams/adult & 1 dozen/child included
After 6:00 p.m. clams can be purchased at \$2.00/dozen

Tickets can be ordered by contacting **Paula Kilpatrick** at
484-256-6873, **Kim Smith** at **kimberlierdh@rcn.com**
or **Rob Kilpatrick** at **610-972-4135**.

Pre-order your tickets to guarantee your clams. Pre-ordered
tickets can be picked up at Penn Pump Park the day of the
event. Tickets can be purchased at Penn Pump Park the
day of the event (clams not guaranteed).

Deadline for preorder tickets is Wednesday, September 7.



*Food, Fun, Music, Clams, Hamburgers, Hotdogs,
Soda, Water, Beer, Quoit Tournament & More*

Palmer Township Planning Survey

Palmer Township is in the process
of updating its Comprehensive Plan,
which was adopted in 2003. We are
looking for public input by way of a
short survey. Please look for the survey
on the Palmer Township web site
at www.palmertwp.com or pick up
a copy at the Municipal Building, 3
Weller Place, starting August 15.



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Editor: Jo-Ann M. Stoneback
e-mail: jas810@ptd.net

Design: Mike Smull, MDS Design
e-mail: info@mdsdesign.com

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Today's Palmer

Palmer Municipal Building
3 Weller Place
P.O. Box 3039
Palmer, PA 18043-3039

Phone: 610-253-7191

Fax: 610-253-9957

e-mail: palmermunbldg@rcn.com

Visit our web site at:
www.palmertwp.com



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U.S.P.S. via carrier route and not by
geographical boundaries. For the
limited number of non-residents
receiving this issue, please enjoy it
with our compliments.

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